

# HUNGER 101: ACTIVITY 5

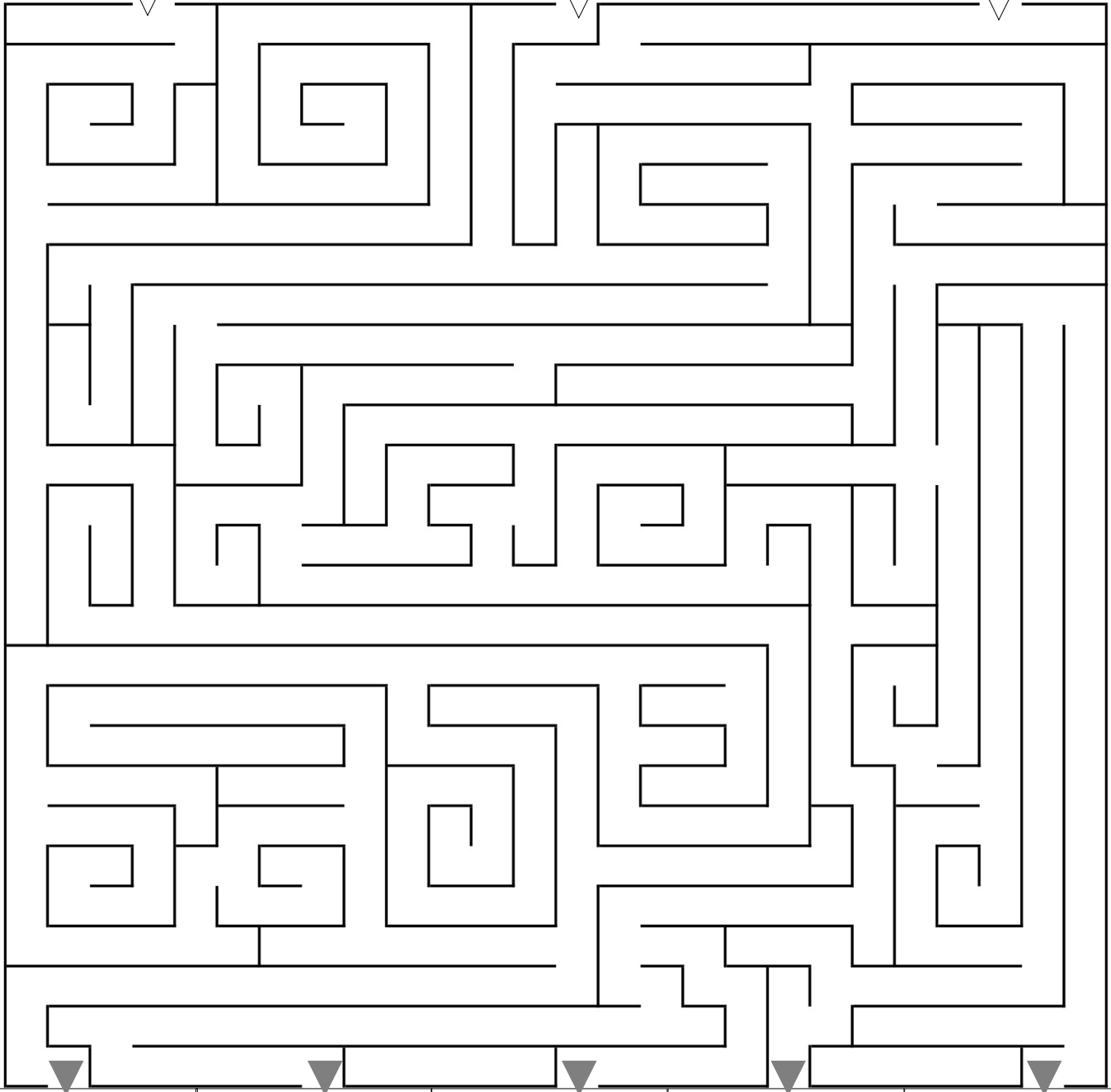
Name: \_\_\_\_\_

Can you get from the causes of hunger to the solutions at the bottom? Some of the causes have more than one solution. Try to get all five.

No Food Availability

No Food Accessibility

No Food Knowledge



Plant a garden to grow more food.

Share food with people who don't have enough money.

Volunteer at a food bank or soup kitchen.

Teach your friends about balanced meals.

Learn about foods that grow in Oklahoma.