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## Further Notes and Ideas

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### Websites

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- Sesame Street** Sesame Street's Food For Thought: Eating Well on a Budget is a bilingual, multimedia program designed to help support families who have children between the ages of 2 and 8 and are coping with uncertain or limited access to affordable and nutritious food. Includes great video clips in a variety of lengths discussing hunger and nutrition issues. [www.sesamestreet.org/food](http://www.sesamestreet.org/food)
- Kids Can Make a Difference** KIDS is a program of [iEARN](http://www.earn.org) (International Education and Resource Network) the world's largest non-profit global network that enables teachers and youth to use the Internet and other technologies to collaborate on projects that enhance learning and make a difference in the world. Check out the *Links* section for a hunger quiz, statistics, and a terrific list of things kids can do to fight hunger. [www.kidscanmakeadifference.org](http://www.kidscanmakeadifference.org)
- San Antonio Food Bank** This is a crash course on living with hunger. Produced by the San Antonio Food Bank, this interactive hunger simulation puts you in the shoes of a person struggling with hunger issues. [www.safoodbank.org/hunger101/](http://www.safoodbank.org/hunger101/)
- Feeding Minds** Feeding Minds Fighting Hunger is an international classroom for exploring the problems of hunger, malnutrition, and food insecurity. It is designed to help equip and encourage teachers, students and young people all over the world to actively participate in creating a world free from hunger. Includes lessons on world hunger and nutrition. Be sure to check out hunger stories from around the world under *The Right to Food*. [www.feedingminds.org](http://www.feedingminds.org)
- The World Food Programme** The World Food Programme is the world's largest humanitarian agency fighting hunger. Find classroom activity ideas under the *Teachers* section as well as a world hunger map and links to programs like Free Rice and We Feed Back. [www.wfp.org](http://www.wfp.org)
- The National Center for Children in Poverty** The National Center for Children in Poverty (NCCP) is the nation's leading public policy center dedicated to promoting the economic security, health, and well-being of America's low-income families and children. Use their great interactive map to learn about poverty issues in Oklahoma. [www.nccp.org](http://www.nccp.org)
- Feeding America** Feeding America's mission is to feed America's hungry through a nationwide network of member food banks and engage our country in the fight to end hunger. Look under the *Hunger in America* section for a hunger test, facts, and true stories of hunger. [www.feedingamerica.org](http://www.feedingamerica.org)
- Share Our Strength** Share Our Strength is a national nonprofit with the goal of ending childhood hunger in America by 2015. The *Educational Impact* portion of the *Problem* section has information about the impact of hunger in the classroom, laid out in an interesting format. [www.nokidhungry.org](http://www.nokidhungry.org)

# HUNGER 101: TEACHER RESOURCES

## **Choose My Plate**

The United States Department of Agriculture site for nutrition education includes games, handouts, and classroom activities. Click on the *teachers/educators* link for great ideas on teaching nutrition in the classroom. [www.choosemyplate.gov](http://www.choosemyplate.gov)

## **Regional Food Bank of Oklahoma**

Learn about hunger in Oklahoma and the programs of the Regional Food Bank, as well as what you can do to volunteer, donate, advocate, and other ways to help fight hunger in Oklahoma. Click on *About Us* for a touching video about the Food Bank's history and programs. [www.regionalfoodbank.org/](http://www.regionalfoodbank.org/)

## **Play Spent**

Put yourself into the shoes of the millions of American's struggling to make ends meet. SPENT was launched in February 2011 as a collaboration between McKinney and Urban Ministries of Durham. [www.playspent.org](http://www.playspent.org)